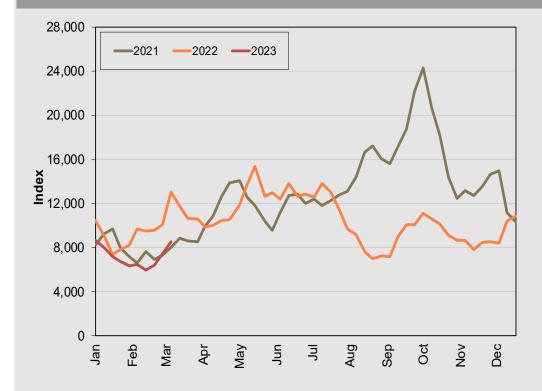
The SSY Atlantic Capesize Index increased 1,083 points from last week to 8,552. SSY's assessed fronthaul rate increased \$6,000/day to \$29,350/day and the round-voyage rate has almost doubled again, up \$7,500 to \$16,750/day.

For more information contact Alastair Stevenson/David Beard

The Atlantic Capesize Index started at 5,000 points on 2 October 1989 and has since been subject to periodic updating to reflect changing trade patterns. The latest update was on 17 July 2015.

			06/03/2023	13/03/2023
Trade	Cargo Size	Weight	\$/t	\$/t
NARVIK/ROTTERDAM	150,000/10%	10.0%	4.15	5.35
TUBARAO/ROTTERDAM	160,000/10%	10.0%	8.50	9.50
RICHARDS BAY/ROTTERDAM	150,000/10%	10.0%	7.65	8.75
HAMPTON ROADS/ROTTERDAM	120,000/10%	10.0%	12.65	14.55
PUERTO BOLIVAR/ROTTERDAM	150,000/10%	10.0%	9.40	11.30
NOUADHIBOU/QINGDAO	140,000/10%	10.0%	19.80	20.95
TUBARAO/JAPAN	160,000/10%	10.0%	18.45	19.60
TUBARAO/QINGDAO	160,000/10%	10.0%	18.75	19.90
T/C TRIP CONT/FAR EAST	180,000 DWT	10.0%	3.94	4.96
T/C TRANSATLANTIC ROUND	180,000 DWT	10.0%	1.56	2.83
		100.0%		
CALCULATED INDEX			7,469	8,552
Change on Previous Index			+1,045	+1,083
Change on Four Weeks Ago			+1,108	+2,071
Change on Previous Year			-2,590	-4,479
Change on Two Years Ago			+526	+1,212
			\$/Day	\$/Day
T/C TRIP CONT/FAR EAST	180,000 DWT		23,350	29,350
T/C TRANSATLANTIC ROUND	180,000 DWT		9,250	16,750

SSY Atlantic Capesize Index



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